



Leeds Minor Hockey Association

POLICY NAME:	Dressing Room
POLICY NUMBER:	P14
DATE CREATED:	August 2024
DATE FOR REVIEW:	August 2025
DATE APPROVED:	September 2, 2024

POLICY

With the support of Hockey Eastern Ontario, Leeds Minor Hockey Association (LMHA) will proactively work to ensure that all dressing room spaces and procedures are safe, inclusive, and equitable by anticipating and removing barriers that prohibit the inclusive participation of all players. Therefore, it is the policy of LMHA that all players will have access to dressing room facilities that most appropriately meet their individual needs, which may or may not include accommodations with respect to gender identity and gender expression. The following mandates apply:

1. In accordance with Hockey Canada's 'minimum attire' rule, all LMHA participants must wear minimum attire in dressing rooms or in dressing environments where more than one participant is present. Participants should arrive at the rink wearing a base layer (e.g., shorts and t-shirt, compression shorts and shirt or sports bra). A participant not arriving at the rink wearing their base layer can use an appropriate private space (e.g., private restroom stalls or empty/unused dressing rooms) to change into the base layer and then enter the team dressing room with the other participants.
2. In accordance with Hockey Canada's 'Rule of Two', two trained and screened adults to be present in the dressing room or immediately outside the dressing room with the door propped open to monitor the environment and ensure it is free of any discrimination, harassment, bullying, or other forms of maltreatment.
3. To ensure the safety of all participants in the dressing room, no type of violent conduct of any kind (including locker room boxing) bullying, or hazing is permitted.
4. To respect the privacy of participants, no videos, still photos, or voice recordings of any kind may be taken using any device with recording capabilities in a dressing room or dressing environment. Cell phones are only permitted to be used in a dressing room or dressing environment for the purposes of controlling music played in those spaces.

PROCEDURE

1. It is the responsibility of all coaches and team staff to instruct players regarding the minimum attire rule and ensure that players are complying with this Policy.
 - a. It is **recommended** that when showers are not private stalls, that these be used in a manner that respects the privacy of all participants. When in open concept showers, it is encouraged that all athletes wear certain "minimum attire" at all times, including swimwear.

NOTE: Minimum attire covers from the upper thigh to the shoulder area. The minimum attire rule ensures that there is no nudity in the dressing room. A base layer is intended to cover an individual's pelvic region and torso. The baseline

Hockey Eastern Ontario (2023). 6.31 Ontario Hockey Dressing Room Policy. <https://www.hockeyeasternontario.ca/media/4gxe4lfy/ontario-dressing-room-policy.pdf>

Hockey Eastern Ontario (2023). 6.31.3 Ontario Dressing Room Policy Frequently Asked Questions <https://www.hockeyeasternontario.ca/media/mwpaai1/dressing-room-policy-frequently-asked-questions.pdf>

Hockey Canada (2023). Dressing Room Policy. <https://cdn.hockeycanada.ca/hockey-canada/Hockey-Programs/Safety/Downloads/dressing-room-policy-e.pdf>

level of attire in the common area of dressing rooms should be like the minimum standard of what would be acceptable in a public area of the arena.

2. It is the responsibility of all coaches and team staff to ensure the “Rule of Two” is implemented and ensure that there are no less than two dressing room monitors, who hold a valid vulnerable sector check, in the dressing room at all times.
3. Coaches and team staff shall only engage in pre- and post-game talks when all athletes are present in the dressing room, to ensure all participants are treated as valued members of the team.
4. It is the responsibility of coaches and team staff to ensure that no violent behaviour is taking place in dressing rooms or dressing environments.

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